



REPUBLIC OF THE PHILIPPINES  
**SANGGUNIANG PANLUNGSOD**  
CITY OF MANDALUYONG



RESOLUTION NO. 3279, S-2023

**A RESOLUTION ADOPTING THE  
IMPLEMENTING GUIDELINES ON  
OPERATION TIMBANG PLUS (OPT+)**

WHEREAS, Article XIII, Section 11 of the 1987 Philippine Constitution enshrines the duty of the State to make health and social services readily available for Filipinos;

WHEREAS, Section 16 of Republic Act No. 7160 or the Local Government Code of 1991, local government units are mandated to promote the health and safety of its constituents, while exercising powers and discharging functions and responsibilities as are necessary, appropriate, and incidental to the efficient and effective provision of health services;

WHEREAS, the Department of Health, as the lead agency of the State focused on the promotion of health programs for all Filipinos, considers the physical growth of children, particularly those of age zero (0) to seventy-one (71) months, as a parameter to determining whether children are afforded good nutrition and health well-being;

WHEREAS, for this purpose, local nutrition committees all around the country have, since 1970, utilized the parameters and guidelines set by the Department of Health as part of their respective nutrition planning activities and evaluation of these activities' effectiveness in their localities;

WHEREAS, in 2012, the Technical Working Group on Child Growth Standards devised the Implementing Guidelines on Operation Timbang Plus (OPT+), as subsequently approved for nationwide implementation by the National Nutrition Council (NNC) Governing Board through Resolution No. 2, Series of 2012 and an offshoot of OPT Guidelines of 2004, as the new standard guidelines which aims to provide specific guideposts on what, why, when, who, and how the program shall be implemented across the country;

WHEREAS, OPT+ particularly aims to generate data on the nutrition situation of children as input to community nutrition assessment, nutrition program planning, and monitoring and evaluation of local nutrition programs, through a thorough identification of individuals and priority areas requiring immediate nutritional assistance and interventions;

WHEREAS, as a partner in nation-building, the City of Mandaluyong aims to promote the general welfare and health of its constituents, particularly the younger members of society and support the cultivation of their physical, mental, and psychological growth;

WHEREAS, considering the laudable objectives and practical methodology offered by the Implementing Guidelines on Operation Timbang Plus (OPT+), the City of Mandaluyong intends to adopt these Guidelines for the creation, implementation, and management of its local nutrition programs and activities;

NOW, THEREFORE, on motion duly seconded, the Sangguniang Panlungsod of Mandaluyong, in session assembled, RESOLVED, as it hereby RESOLVES, to adopt the Implementing Guidelines on Operation Timbang Plus (OPT+) as approved by the National Nutrition Council (NNC) Governing Board through Resolution No. 2, Series of 2012;

RESOLVED FURTHER, to appoint the City Health Officer, together with the City Nutrition Action Officer, to supervise and monitor the conduct of the OPT+ in all the Barangays in the City of Mandaluyong, including the creation of the necessary committees and teams for the implementation of the Program;

RESOLVED FURTHER, to direct the City Health Department to assist the City's educational institutions and health facilities, relevant City and Barangay Committees, and other similarly situated institutions and bodies for the implementation of the said Guidelines, including but not limited to providing assistance in the implementation of the Guidelines, creation of the OPT+ Team, and information dissemination prior or simultaneous to the conduct of the activities stated therein;

RESOLVED FURTHER, to enjoin all School Heads and Principals, Barangay Chairpersons, and their respective personnel to coordinate and cooperate in the implementation of the OPT+ in the City of Mandaluyong and, if necessary, provide ample assistance to its implementing body/ies and prepare the necessary reports of consolidated data to the Local Chief Executive;

RESOLVED FINALLY, to enjoin all Barangay Nutrition Committees (BNCs) to create an OPT+ Team, as provided for in the Guidelines who shall directly implement the program in their respective localities.

Let copy of this Resolution and the Implementing Guidelines on Operation Timbang Plus be furnished to the City Health Department, all the Barangays in the City of Mandaluyong through their respective Chairpersons, and all offices concerned for their information, guidance, and reference.

ADOPTED on this 29<sup>th</sup> day of May 2023, in the City of Mandaluyong.

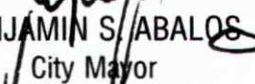
I HEREBY CERTIFY THAT THE FOREGOING RESOLUTION WAS ADOPTED BY THE SANGGUNIANG PANLUNGSOD OF MANDALUYONG IN A REGULAR SESSION HELD ON THE DATE AND PLACE FIRST ABOVE GIVEN.

  
MA. TERESA S. MIRANDA  
Sanggunian Secretary

ATTESTED BY:

APPROVED BY:

  
ANTONIO DLS. SUVA  
City Councilor &  
Acting Presiding Officer

  
BENJAMIN S. ABALOS  
City Mayor

Date: JUN 05 2023